



# CORONAVIRUS

## WHAT IS CORONAVIRUS?

Coronavirus (COVID-19) is a disease caused by a new virus that causes respiratory illness in people and is spread from person-to-person.

## HOW DOES CORONAVIRUS SPREAD?

While health experts are still learning the details about how COVID-19 spreads, it is commonly spread from an infected person to others through:

- The air by coughing and sneezing
- Face to face contact for a prolonged period of time
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

## WHAT ARE THE SYMPTOMS?

People who have been diagnosed with COVID-19 have reported symptoms that may appear in as few as 2 days or as long as 14 days after exposure to the virus:



Fever



Difficulty Breathing



Cough

## HOW CAN I PREVENT FROM GETTING NOVEL CORONAVIRUS?

Steps you can take to prevent spread of flu and the common cold will also help prevent COVID-19:

- Wash hands often with soap and water. If not available, use hand sanitizer
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Avoid contact with people who are sick
- Stay home while you are sick and avoid close contact with others
- Cover your mouth/nose with a tissue or sleeve when coughing or sneezing
- Get a flu shot



Currently, there are no vaccines available to prevent COVID-19 infections. Most people with illness not requiring hospitalization, are able to recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications. However, some cases develop pneumonia requiring medical care and may require hospitalization.